# Erfahrungen aus Sicht der Krankenanstalten

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# Darüber wollen wir sprechen

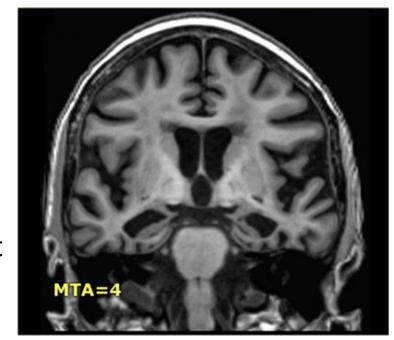
- Fallbeispiel
- Covid-Erkrankung führt zu kognitiver Beeinträchtigung
- Menschen mit Demenz stationär Herausforderungen
- Datenlage in Österreich
- Anregungen für die Zukunft

# Fallbeispiel

• Herr M. 84a alt.

•<u>Zuweisungsgrund:</u> Fortgeschrittene Alzheimerkrankheit starke Unruhe, Enthemmung;

• im Pflegeheim nicht "führbar".



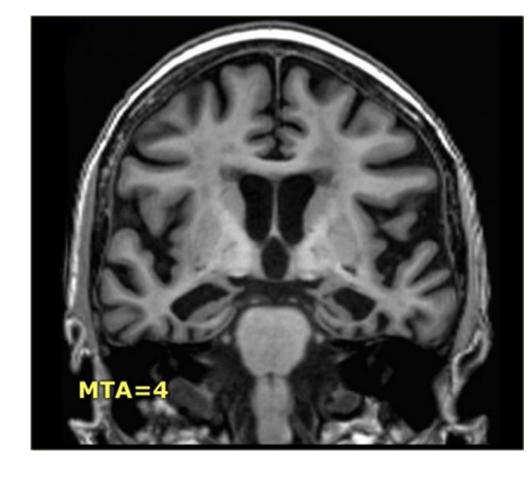
• <u>Befunde:</u> metabolische Dekompensation

Neuropsychiatrisches Inventar score: 43;

# Fallbeispiel - stationär

- Patient mit Demenz
- Probleme:
- Mobil, Herausforderndes Verhalten,
- nur im beschützten Bereich möglich;
- nur mit anderen Covid positiven Pat.

• Besuche



## Covid-Erkrankung kann zu schwerer kognitiven Beeinträchtigung führen

## Possible underlying mechanisms

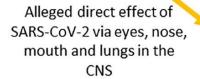
### Consequences ACE2 binding in lungs



### **Indirect**

- **1. Neuro-inflammation** *Cytokine storm*
- 2. Dysregulated blood pressure
  Disrupted RAS due to ACE2
- **3. Hypoxia**Caused by metabolic changes
- **4. Thrombotic complications** *Coagulation disorders*

### **Direct**



- 5. Alleged neurotropic pathways of SARS-COV-2
  - Neural (olfactory bulb)
  - Blood circulation (via lungs in blood)
  - Lymphatic
  - Cerebrospinal fluid

## Neurological manifestations COVID-19



- Hypogeusia
- Headache
- Dizziness
- Diplopia
- Ophthalmoplegia
- Delirium
- Polyneuritis Cranialis
- Ataxia
- Guillain-Barré Syndrome
- Miller Fisher Syndrome
- Brain insults
- Acute Respiratory Distress Syndrome (ARDS)
- Encephalitis
- Hypoxic encephalopathy
- Ischemic stroke
- Acute Necrotizing Encephalopathy



Mild

## Entscheidungsfindung – wer kommt unter welchen Bedingungen ins Krankenhaus



# Welche Personengruppen gelten als Risikogruppe?

- Laut Angaben der Bundeszentrale für gesundheitliche Aufklärung (BZgA) besteht ein erhöhtes Risiko für einen schweren Krankheitsverlauf bei Menschen mit:
  - Herzkreislauferkrankungen/Bluthochdruck
  - Diabetes mellitus (Zuckerkrankheit)
  - Chronischer Erkrankung der Atemwege, wie Asthma, chronische Bronchitis, COPD
  - Chronischen Erkrankungen der Leber, wie Leberzirrhose
  - Nierenerkrankungen, Dialysepflicht
  - Organtransplantation
  - Krebserkrankungen

Menschen mit Demenz nicht in der Risikogruppe

# Definition of 'clinically extremely vulnerable'

Expert doctors in England have identified specific medical conditions that, based on what we know about the virus so far, place some people at greatest risk of severe illness from COVID-19. Disease severity, medical history or treatment levels will also affect who is in this group.

Clinically extremely vulnerable people may include:

- · solid organ transplant recipients
- · people with specific cancers:
  - · people with cancer who are undergoing active chemotherapy
  - people with lung cancer who are undergoing radical radiotherapy
  - people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
  - people having immunotherapy or other continuing antibody treatments for cancer
  - people having other targeted cancer treatments that can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
  - people who have had bone marrow or stem cell transplants in the last 6 months or who are still taking immunosuppression drugs
- people with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary disease (COPD)

This 'clinically extremely vulnerable' group doesn't include people with dementia unless they have any of these conditions, including a kidney transplant, severe chronic obstructive pulmonary disease or certain cancers.

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### Anticipating and Mitigating the Impact of the COVID-19 Pandemic on Alzheimer's Disease and Related Dementias

Eric E. Brown, M.D., M.Sc., F.R.C.P.C. † Sanjeev Kumar, M.D., F.R.C.P.C. † Tarek K. Rajji, M.D., F.R.C.P.C. • Bruce G. Pollock, M.D., Ph.D., F.R.C.P.C. • Benoit H. Mulsant, M.D., M.S., F.R.C.P.C. 

△ 

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#### Coronavirus Resources

Selected articles published by Elsevier on Novel Coronavirus (2019-nCoV) are now freely available on ScienceDirect, with further resources available at the Elsevier Novel Coronavirus Information Center

**Discover Resources** 

Highlights

Abstract

Key Words

INTRODUCTI

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CONCLUSIO

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Contributions

References

Article Info

## **Highlights**

- The COVID-19 pandemic is causing global morbidity and mortality, straining health systems, and disrupting society, putting individuals with Alzheimer's disease and related dementias (ADRD) at risk of significant harm.
- In this Special Article, we examine the current and expected impact of the pandemic on individuals with ADRD. We discuss and propose mitigation strategies for: the risk of COVID-19 infection and its associated morbidity and mortality for individuals with ADRD; the impact of COVID-19 on the diagnosis and clinical management of ADRD; consequences of societal responses to COVID-19 in different ADRD care settings; the effect of COVID-19 on caregivers and physicians of individuals with ADRD; mental hygiene, trauma, and stigma in the time of COVID-19; and the potential impact of COVID-19 on ADRD research.
- We conclude that despite considerable uncertainty, we may be able to prevent or reduce the harm of the COVID-19 pandemic and its consequences for individuals with ADRD and their caregivers.

# Menschen mit Demenz sind gefährdeter

 Hospitalized individuals with ADRD may be particularly affected because they are *less able to monitor their care* or advocate for themselves. Decreased nursing time has been shown to be associated with increased medical errors and adverse events in dementia.

Tjia J et al., Dementia and risk of adverse warfarin-related events in the nursing home setting. Am J Geriatr Pharmacother. 2012; 10: 323-330

# Menschen mit Demenz – neuropsychiatrische Symptome/herausforderndes Verhalten

The need for hospitalization implies a more severe illness. Patients with severe BPSD may be at even higher risk for the behaviours discussed above that elevate transmission of infection. On a South Korean psychiatric ward, 101 of 103 inpatients were infected and 7 died during a COVID19 outbreak.

Kim MJ: 'It was a medical disaster': the psychiatric ward that saw 100 patients diagnosed with new coronavirus. The Independent. Available at: https://www.independent.co.uk/news/world/asia/coronavirus-south-korea-outbreak-hospital-patients-lockdown-a9367486.html.

## Clinical Presentation of COVID19 in Dementia Patients.

Bianchetti, A; Rozzini, R; Guerini, F; Boffelli, S; Ranieri, P; Minelli, G; Bianchetti, L; Trabucchi, M. J Nutr Health Aging; 24(6): 560-562, 2020.

### **RESULTS:**

Dementia was diagnosed in 82 patients (13.1%). The mortality rate was 62.2% (51/82) among patients affected by dementia compared to 26.2% (143/545) in subjects without dementia (p<0.001, Chi-Squared test). In a logistic regression model age, and the diagnosis of dementia resulted independently associated with a higher mortality, and patients diagnosed with dementia presented an OR of 1.84 (95% CI 1.09-3.13, p<0.05). Among patients diagnosed with dementia the most frequent symptoms of onset were delirium, especially in the hypoactive form, and worsening of the functional status.

### **CONCLUSION:**

The diagnosis of dementia, especially in the most advanced stages, represents an important risk factor for mortality in COVID-19 patients. The clinical presentation of COVID-19 in subjects with dementia is atypical, reducing early recognition of symptoms and hospitalization.

https://pesquisa.bvsalud.org/global-literature-on-novel-coronavirus-2019-ncov/resource/en/covidwho-277003

## Dementia Care during the COVID-19 Outbreak in China



Professor Huali Wang's contact details are available at the end of the presentation for those that may have further questions.

As Executive Vice President of Alzheimer's Disease China, IPA's former Board Secretary Professor Huali Wang shares their experience with Dementia Care during the COVID-19 Outbreak in China in this presentation by Alzheimer's Disease International:

## https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7500345/

## Elsevier Public Health Emergency Collection

Public Health Emergency COVID-19 Initiative

Psychiatry Res. 2020 Nov; 293: 113462.

Published online 2020 Sep 18. doi: 10.1016/j.psychres.2020.113462

PMCID: PMC7500345

PMID: 32987222

Lockdown, quarantine measures, and social distancing: Associations with depression, anxiety and distress at the beginning of the COVID-19 pandemic among adults from Germany

Christoph Benke, a, Lara K. Autenrieth, Eva Asselmann, and Christiane A. Pané-Farré

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In this study, we investigated the role of sociodemographic and COVID-19 related factors for immediate mental health consequences in a nationwide community sample of adults from Germany (N = 4335). Specifically, we examined the effects of different forms and levels of restriction resulting from public health measures (e.g. quarantine, stay-at-home order) on anxiety and depression symptomatology, health anxiety, loneliness, the occurrence of fearful spells, psychosocial distress and life-satisfaction. We found that higher restrictions due to lockdown measures, a greater reduction of social contacts and greater perceived changes in life were associated with higher mental health impairments.

urnal List > Int J Biol Sci > v.16(10); 2020 > PMC7098035



Int J Biol Sci. 2020; 16(10): 1741–1744.

Published online 2020 Mar 15. doi: 10.7150/iibs.45072

PMCID: PMC7098035 PMID: 32226293

The COVID-19 outbreak and psychiatric hospitals in China: managing challenges through mental health service reform

 $\underline{\text{Yu-Tao Xiang}}, 1.2 \stackrel{\#}{=} \underline{\text{Yan-Jie Zhao}}, 1.2 \stackrel{\#}{=} \underline{\text{Zi-Han Liu}}, 1.2 \stackrel{\#}{=} \underline{\text{Xiao-Hong Li}}, 4 \stackrel{\#}{=} \underline{\text{Na Zhao}}, 1.2 \stackrel{\#}{=} \underline{\text{Teris Cheung}}, 6 \text{ and Chee H. Ng}^7$ 

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stract

Recently, more than 300 Chinese patients with psychiatric disorders were diagnosed with the 2019 novel coronavirus disease (COVID-19). Possible reasons quoted in the report were the lack of caution regarding the COVID-19 outbreak in January and insufficient supplies of protective gear. We outlined major challenges for patients with psychiatric disorders and mental health professionals during the COVID-19 outbreak, and also discussed how to manage these challenges through further mental health service reform in China

Keywords: COVID-19, psychiatric disorders

#### issue 1

Mental health
services across
psychiatric hospitals
could be depleted
because of the
mental health
emergency response

- Strategy 1: Reduce outpatient visits in psychiatric hospitals
- Strategy 2: Tighten admission criteria
- Strategy 3: Shorten length of hospitalization
- Strategy 4: Restrict access to hospital areas for newly admitted patients with psychiatric disorders

#### Issue 2:

Infection risk of the COVID-19 is higher in psychiatric hospitals than in general hospitals

- •Strategy 1: Provide adequate medical supplies and protective equipment
- Strategy 2: Conduct public education on the risk of COVID-19 for hospital staff and patients
- Strategy 3: Reduce family visits to hospitals
- Strategy 4: Advise all people in the hospital about basic preventive measures such as hand-washing
- . Strategy 5: Monitor body temperature of everyone in hospital regularly
- Strategy 6: Avoid group interaction activities

### Issue 3:

Hospital-based maintenance treatment is not available due to limited public transportation

- Strategy 1: Reform the health insurance and development of community-based mental health services
- Strategy 2: Develop outreach psychiatric services for patients living in the community

# Darüber wollen wir sprechen - Zusammenfassung

- Fallbeispiel
- Covid-Erkrankung führt zu kognitiver Beeinträchtigung
- Menschen mit Demenz stationär Herausforderungen

## • <u>To do`s</u>

- Datenlage in Österreich
- Erarbeiten welcher Patient zugewiesen werden soll.
- Erarbeiten von Nutzen/Risiko einer stationären Behandlung
- Bessere Datenlage unabhängig von Covid.

# Vorschläge für die Zukunft

- Erarbeiten welcher Patient zugewiesen werden soll.
- Erarbeiten von Nutzen/Risiko einer stationären Behandlung
- Bessere Datenlage unabhängig von Covid.

# Vielen Dank für Ihre Aufmerksamkeit!

